

## Zincovit C (Vitamin C, Zinc, Propolis) - HealthAid

HealthAid ZincoVit C Tablets are specially formulated with Zinc, Vitamin C and Propolis to provide all the richness and beneficial properties of these three important ingredients in one pleasant tasting lozenge. An ideal supplement for all year round immune support. Especially in the winter when the body needs all the help it can get during the cold months, and spring to help boost your immune system.

Zinc is essential for growth, carbohydrate metabolism, and nutrient assimilation, maintenance of enzyme system, healthy bones, skin, collagen, protein synthesis and reproductive organs.

Vitamin C, an essential antioxidant, contributes to normal iron absorption, collagen formation, and growth, repair of soft tissues, bones, teeth and healthy gums.

Propolis is a natural product from the Beehive renowned worldwide for its wide ranging properties and is used by bees to strengthen and fortify the hive.

HealthAid Zincovit C Tablets may be of benefit to:

- Those who have sore throats
- Those who wish to lessen the duration of a cold or flu
- Those who want to fortify the immune system

When should I take HealthAid Zincovit C Tablets?

ZincoVit C Tablets can be taken either prior to or during a cold or flu, particularly if experiencing a sore throat.

**Recommended Daily Intake of HealthAid Zincovit C Tablets:**

**Children over 3 years of age, suck or chew one tablet daily; over 9 years can increase to two tablets daily. Adults can have up to four tablets daily, for limited periods of time. Do not exceed recommended daily intake unless advised by a suitably qualified person.**

**\*\* FREE FROM SALT, CORN, GLUTEN, GELATIN, LECTOSE, DAIRY, STARCH, WHEAT, SOYA, NUT**

**\*\* FREE FROM ARTIFICIAL COLOURS, FLAVOURINGS AND PRESERVATIVES**

**\*\*Food Supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.**

Each ZincoVit C Tablet contains (average):		%NRV
Vitamin C	150mg	188
Zinc	4mg	40
Propolis Extract	15mg	*
*: EC Nutrient Reference Value Not Yet Established		
<b>INGREDIENTS FOR ZINCOVIT C TABLETS :</b>		

Sucrose, Dextrose, Vitamin C (ascorbic acid, sodium ascorbate), Propolis Extract, Orange Flavouring, Zinc Citrate, Veg. Stearic Acid, Silicon Dioxide, Veg. Magnesium Stearate.